



Mindful Parenting

EcoKids Workshop Series

Are you a parent/caregiver of a child under the age of 7?

- ❖ Set your child on the path of discovering her/his sense of self.
- ❖ Discover the new paradigm of mindful parenting.
- ❖ Debunk the myths of *conditioned*, “*agenda-ed*” parenting.
- ❖ *De-condition your mind, de-clutter your inner space and detach from rigid beliefs* to set yourself on the sacred path of mindful parenting.

Where: EcoKids Kindergarten (5th Circle)

When: Saturday, May 21st

Time: 9.30 AM-1.30 PM

Fees: JD50

Facilitator: Niveen Abboushi (*Founder of EcoKids Preschool & Kindergarten, Holistic Counselor - Concentration Area: Child & Adolescent Psychology*)

To register online, please visit www.ecokidsprek.org (EVENTS). Limited space. Confirmation upon registration and payment by May 15th.